



The Sunday Times September 30, 2018

Pastor Wolling's Schedule

If you'd like to connect with Pastor Wolling when she's in town, you can arrange an appointment with her by contacting her at gwolling@gmail.com or (518) 225-7537.

Upcoming schedule:

Office – September 26-27; October 4, 11-14

Preach – September 30; October 14

Town Hall Meeting – October 14

Save the date for our next Town Hall meeting which will be held Sunday, October 14 between services. Please plan to participate.

Who Needs Volunteers?

Do you know of a group or agency that needs volunteers? A Sorority from BU is looking for opportunities to serve. They like to serve together, so they are looking for opportunities where around 20 people can volunteer together at a time. A few of us from CTK are brainstorming ideas we could suggest, both within CTK and in our community. If you have any ideas, please contact Rachel Schwartz (raychl17@hotmail.com), Kathy Brunt (kbrunt@binghamton.edu), or Joe Brunt (josephbrunt@hotmail.com).

Socks for Souls Ministry

The Friday morning group is continuing its collection of socks to be given to local people in need. In addition to socks for men, women, and children, toothpaste and soap are always appreciated. Donations can be placed in the bin in the Café.

*The flowers on the altar are given by John and Judy Hiza
in honor of their granddaughter Christine's 4th birthday today.*

Yoga at CTK

A Vinyasa Flow yoga class will be starting up at CTK on Monday, September 24 at 6:15 PM. This is a gentle yoga class for the beginning student and beyond. Vinyasa Flow Yoga is characterized by a series of poses synchronized to breathing. The cost per class is \$8. No need to preregister. If you have a yoga mat, please bring it to class. The yoga instructor is Kim Ziac. For more information, see Kathy Leonard.

Spaghetti Dinner at Redeemer Lutheran

Saturday, October 13th 4-6 PM

Spaghetti, meatballs, salad, bread, and dessert are on the menu

Takeout is available

\$8 adults, \$5 children (ages 5-12)

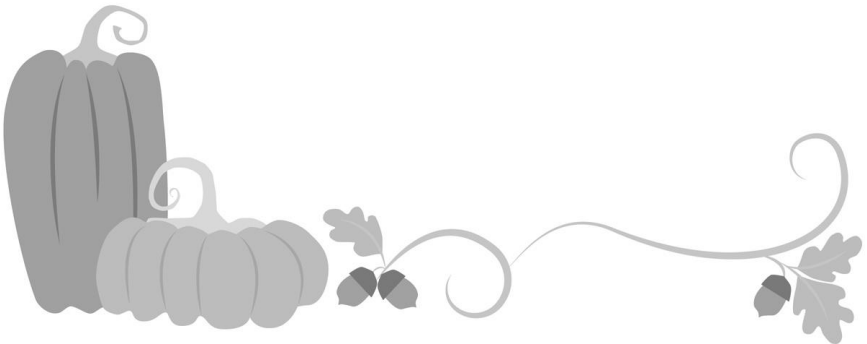
All proceeds benefit the Redeemer Renewal Fund

Call: 722-1029 or email redeemer_lutheran@hotmail.com

Community Hunger Outreach Warehouse (CHOW)

CHOW helps feed the hungry in our community year-round. Donations of food are needed! There is a blue barrel in the Café for donations of non-perishable foods, such as cereal, instant potatoes, soups, and pasta.

Christ in Our Home Devotionals for October – December are available in the Entry Way.



9:00 AM Readers: 9/30 – Marilyn Dawes 10/7 – Susan Owen

Christ the King Weekly Calendar

- Sunday, 9/30
- Traditional Worship at 9:00 AM
 - Faith Formation at 10:15 AM
 - Organic Worship at 11:15 AM
- Monday, 10/1
- Yoga at 6:15 PM
 - Property Team at 6:30 PM
- Wednesday, 10/3
- Tai Chi at 11:15 AM
 - Meal at 6:00 PM
 - Faith Formation at 7:00 PM
 - CTK Choir Rehearsal at 7:00 PM
- Thursday, 10/4
- Prayer Shawl Ministry at 9:30 AM
- Friday, 10/5
- Friday AM Group at 10:00 AM
 - Congregation Mashiah Yisrael at 7:00 PM
- Saturday, 10/6
- Men's Group at 8:00 AM
- Sunday, 10/7
- Traditional Worship at 9:00 AM
 - Faith Formation at 10:15 AM
 - Organic Worship at 11:15 AM

Christ the King Lutheran Church Staff

Church Office Number: 729-2688

www.ctkvestal.org

Interim Pastor: Rev. Gail Wolling gwoelling@gmail.com

Church Administrator: Marsha Pulz marsha@ctkvestal.org

Music Director: Jim Ford jrfme2000@yahoo.com

Sexton: Gary Robertson

WiFi available: CTK Guest (password: guestinthehouse)