



The Sunday Times

September 23, 2018

Pastor Wolling's Schedule

If you'd like to connect with Pastor Wolling when she's in town, you can arrange an appointment with her by contacting her at gwolling@gmail.com or (518) 225-7537.

Upcoming schedule:

Office – September 26-27

Preach – September 30

Town Hall Meeting – October 14

Save the date for our next Town Hall meeting which will be held Sunday, October 14 between services. Please plan to participate.

Who Needs Volunteers?

Do you know of a group or agency that needs volunteers? A Sorority from BU is looking for opportunities to serve. They like to serve together, so they are looking for opportunities where around 20 people can volunteer together at a time. A few of us from CTK are brainstorming ideas we could suggest, both within CTK and in our community. If you have any ideas, please contact Rachel Schwartz (raychll17@hotmail.com), Kathy Brunt (kbrunt@binghamton.edu), or Joe Brunt (josephbrunt@hotmail.com).

Socks for Souls Ministry

The Friday morning group is continuing its collection of socks to be given to local people in need. In addition to socks for men, women, and children, toothpaste and soap are always appreciated. Donations can be placed in the bin in the Café.

Community Hunger Outreach Warehouse (CHOW)

CHOW helps feed the hungry in our community year-round. Donations of food are needed! There is a blue barrel in the Café for donations of non-perishable foods, such as cereal, instant potatoes, soups, and pasta.

Yoga at CTK

A Vinyasa Flow yoga class will be starting up at CTK on Monday, September 24 at 6:15 PM. This is a gentle yoga class for the beginning student and beyond. Vinyasa Flow Yoga is characterized by a series of poses synchronized to breathing. The cost per class is \$8. No need to preregister. If you have a yoga mat, please bring it to class. The yoga instructor is Kim Ziac. For more information, see Kathy Leonard.

Christ in Our Home Devotionals for October – December are available in the Entry Way.



